

# Suggested Resources for Assistance with Grief and Bereavement

## Red Nose Grief and Loss

[www.rednosegriefandloss.com.au](http://www.rednosegriefandloss.com.au)

Provides support to families after the death of a child.

## Stillbirth and Neonatal Death Support (SANDS)

[www.sands.org.au](http://www.sands.org.au)

Provides support, information and education to anyone affected by the death of a baby before, during or shortly after birth.

## Trauma and Grief Network

[www.tgn.anu.edu.au](http://www.tgn.anu.edu.au)

Focused on the care of children and adolescents affected by the impact of trauma, loss and grief.

## Bears of Hope

[www.bearsofhope.org.au](http://www.bearsofhope.org.au)

Provides leading support and exceptional care for families who experience the loss of their baby.

## Griefline

[www.griefline.org.au](http://www.griefline.org.au)

Grief helpline service that provides counselling support services free of charges to individuals and families.

## Suicide Call Back Service

[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

Provides professional 24/7 telephone and online counselling to people who are affected by suicide.

## Lifeline

[www.lifeline.org.au](http://www.lifeline.org.au)

Provides all Australians experiencing a personal crisis access to 24-hour crisis support and suicide prevention services.

## National Centre for Childhood Grief (NCCG)

[www.childhoodgrief.org.au](http://www.childhoodgrief.org.au)

Provides loving support in a safe place, where children grieving a death can share their experience, as they learn to live with its impact on their lives.

## National Association for Loss & Grief (NSW) (NALAG)

[www.nalag.org.au](http://www.nalag.org.au)

Free loss and grief support to those who are grieving.

## The Australian Centre for Grief and Bereavement

<https://www.grief.org.au>

As the largest provider of grief and bereavement education in Australia, ACGB has been providing support for bereaved and grieving Australians for over 22 years.

## The Compassionate Friends NSW

<http://www.tcfnsw.org.au/>

An organisation offering friendship and understanding to bereaved parents, siblings and grandparents after the death of their child(ren) and fostering the physical and emotional health.